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Company runs in and around Halle: We were there!

The athletic IPB teams: Photo 1: Melanie Rasch, Hannah Rathay, Alexandra Burwig and Clemens Schinke (v.l.n.r.) gave everything at Halle Company Run. Picture 2: Christin Naumann, Thomas Vogt and Carolin Alfs (v.l.n.r.) proved their fitness at the Central German Company Team Triathlon.

At the IPB, we stay fit - two teams from our staff have recently proven this at regional company competitions.

Alexandra Burwig, Melanie Rasch, and trainee Hannah Rathay from the Purchasing Group together with their group leader Clemens Schinke competed in the 5th Halle Company Run (*Hallescher Firmenlauf*) for the IPB in the mixed category. With a total time of 0:51:50 for 4 x 2.5 kilometers, the IPB athletes reached a praiseworthy 174th place in the ranking. A total of 588 teams from 230 different Halle-based companies and institutions had participated in the race on the Peißnitz. This is a remarkable achievement, to which we sincerely congratulate!

Even better than the success is the social component of the happening, says Clemens Schinke. "The race has strengthened our team spirit. The atmosphere on site was terrific. It's important to us that work-life balance is not just an empty phrase, but actually practiced." The Purchasing Group will therefore definitely participate again in the next big running event. Maybe there will be more IPB teams, who experience the adventure, the fun, the fighting spirit and the spectacle at the Halle Company Run next year.

Also Thomas Vogt (Department SZB), Christin Naumann, and Carolin Alfs (both Department MSV) have recently proven their fitness. On June 30, they started for the IPB at the 12th Central German Company Team Triathlon (*Mitteldeutscher Firmenteamtriathlon*) at the Hasse lake under the team name "Die Fantastischen 3". At the competition organized by the Triathlon Club Merseburg, they took 10th place out of 17 in the category *mixed* 120+ with a total time of 1:54:55 for 700 m swimming (Christin Naumann), 30 km cycling (Thomas Vogt) and 6 km running (Carolin Alfs). All three are pleased that they have remained well below the targeted 2-hour mark. We congratulate them, too, on their sporting success! Incidentally, Thomas Vogt and Christin Naumann were flying the flag for the IPB already in 2013 at the company triathlon.